SEC	Form	4
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL
OMB Number: 3235-0287
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1. Name and Address of Reporting Person* BENDER JAMES J			2. Issuer Name and Ticker or Trading Symbol <u>WILLIAMS COMPANIES INC</u> [WMB]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) ONE WILLIA	(First) MS CENTER	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/14/2004	X Officer (give title Other (specify below) below) Sr. Vice President & GC					
(Street) TULSAO (City)	OK (State)	74172 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)			4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)
Common Stock	05/14/2004		М		100,000	A	\$2.67	100,000	D	
Common Stock	05/14/2004		М		25,000	A	\$2.67	125,000	D	
Common Stock	05/14/2004		S		100,000	D	\$11.04	25,000	D	
Common Stock	05/17/2004		М		25,000	A	\$2.67	50,000	D	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Employee Options (Right to Buy)	\$2.67	05/14/2004		М			100,000	01/22/2004	12/16/2012	Common Stock	100,000	\$2.67	105,000	D	
Employee Options (Right to Buy)	\$2.67	05/14/2004		М			25,000	01/22/2004	12/16/2012	Common Stock	25,000	\$2.67	80	D	
Employee Options (Right to Buy)	\$2.67	05/17/2004		М			25,000	01/22/2004	12/16/2012	Common Stock	25,000	\$2.67	55,000	D	

Explanation of Responses:

Remarks:

<u>Cher S. Lawrence, Attorney-in-</u> <u>Fact for James J. Bender</u>

05/18/2004

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.