FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL									
	OMB Number:	3235-0287								
l	Estimated average burden									
l	hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

								e and Ticl <u>1S CO</u>		Symbol SINC[ck all applic Directo	or		10% Owner					
(Last) 2800 PO	(F ST OAK B	*	(Middle)			Date 0 0/13/2		iest Trans	saction (M	1onth/	/Day/Year)	X	below)	Officer (give title Other (specify below) Sr. Vice President Gas Pipes						
(Street) HOUST(77251 (Zip)		4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)									vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tak	ole I - No	n-Deriv	vativ	e Se	curit	ties Ac	quired	, Dis	posed c	f, or E	Bene	ficially	Owned					
Da				Date	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			Beneficia Owned F	es ally Following	Form (D) o	ı: Direct r Indirect ıstr. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) (D)	or F	Price	Reported Transact (Instr. 3	on(s)			(Instr. 4)	
Common	Stock			09/13	3/2004	4			М		12,638	3 A	\ \	\$8.5494	27	,111	D			
Common	Stock			09/13	3/2004	4			F		9,964	I)	\$12	17,	,147		D		
		-	Table II -								osed of, converti				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,	4. Transa Code (8)				6. Date E Expiratio (Month/D	n Dat		7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		ecurity	B. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	or No of	Number						
Employee Options (Right to	\$8.5494	09/13/2004			М			12,638	01/20/19	97	11/17/2004	Commo Stock		2,638	\$8.5494	525,15	2	D		

Explanation of Responses:

Remarks:

<u>Cher S. Lawrence, Attorney-in-</u> <u>Fact for John D. Whisenant</u>

09/15/2004

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.